hiya lovebug,

You didn't land here by accident.
You felt the pull.
The gentle whisper.
The quiet knowing that there is soul much more for you than the version of life you've been tolerating.

This is your activation space. Not to make you someone new... but to return you to who you were before the world told you who you had to be... before you felt like you had to shrink, soften, mold yourself into a version of you that you never desired to be... nor do you recognize.

Here, we don't chase alignment.
We remember it.
We don't force becoming.
We allow unfolding.

And something in you already knows: you are not behind... you are right on time.

-xo Christie

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You're Born For This

Affirmations:

- I am not becoming... I am remembering who I've always been.
- I trust the timing of my becoming, even when I can't see the full path.
- What is meant for me recognizes me instantly.
- I am safe to be fully seen in my power, softness, and truth.
- My alignment creates opportunities I could never force.
- I no longer abandon myself to belong.
- I am the version of me my future has been waiting for.

You're Born For This

Letter to Self

Hey you...

Yeah, you.

The one who keeps wondering if she's behind.
The one who sometimes questions if she's making it all up.

The one who feels too much, dreams too big, and still... sometimes plays small just to stay safe.

I want to tell you something you forgot.
You were never randomly placed here.
You were not assembled by accident, circumstance, or survival.

You were summoned.

There is a frequency inside you that did not come from your upbringing, your heartbreaks, your setbacks, or your stories.

You're Born For This

Letter to Self

t came from before all of that.
And it is still intact.
Still pulsing.
Still calling.
Still waiting for you to stop negotiating with it.

You are not here to become someone.
You are here to remember someone.

And she is not new.
She is ancient.
She is the version of you who didn't ask for permission before she expanded.

Who didn't shrink to make other people comfortable.
Who didn't confuse being loved with being less.

I know you've been tired.
Tired of holding it together.
Tired of starting again.
Tired of feeling like you're almost there but not quite arriving.

You're Born For This

Letter to Self

You're Born For This

But hear me clearly:
You are not almost anything.
You are already in motion with what was written for you.

And what's written for you doesn't require forcing.
It requires alignment.
It requires honesty.
It requires the kind of truth that rearranges your entire nervous system.

Because here's the part you keep circling but not fully receiving: Nothing about your life is asking you to become more worthy.

It is asking you to become more you.
The unapologetic you.
The intuitive you.
The soft and feral and unfiltered and deeply knowing you. The you that doesn't abandon herself to be chosen.

You don't need another version of discipline that disconnects you from your joy.

Letter to Self

You need devotion that reconnects you to your design.
Because when you are in alignment, things don't feel like chasing.

They feel like remembering.
Like opening.
Like receiving.

And I need you to understand this too:
Every delay you thought was punishment...
was actually protection from what you were not yet ready to hold.

Not because you are not enough.
But because you are powerful enough to collapse under misalignment.

And life knew that.
So it slowed you down.
Not to stop you.
To prepare you.

You're Born For This

Letter to Self

Now listen closely...
You are not behind.
You are not too late.
You are not inconsistent.
You are not confused.

You are in the exact initiation required for the version of you you've been praying for.
And she does not arrive through pressure.
She arrives through permission.

Soul today, I am asking you to stop performing your becoming.
Stop proving your worth through exhaustion.
Stop shrinking your desires to make them 'realistic.'
Stop waiting until you feel fully ready.

You are not becoming her.
You are allowing her.
And she is already here.
Breathe that in.
Because the moment you stop abandoning yourself for timelines that were never yours... you begin to feel the shift.

You're Born For This

Letter to Self

Subtle at first.
Then undeniable.
Then irreversible.

Doors open without force.
People realign without explanation.
Opportunities stop being chased and start arriving.
Not because the world changed.

Because you did.

Soul, lovebug, here is your activation, if you are willing to receive it:
No more negotiating with your truth.
No more shrinking to stay understandable.
No more delaying your joy for ‘later.’
Later is not promised.
But alignment is available now.
And you were born for this moment.
Not the polished version of it.
Not the perfect version of you inside it.
This one.

You were born for this.

Letter to Self

You don't need to be ready.
You need to be willing.

Soul, take a breath.

Place your hand over your heart, and focus on your breathing. Notice how your chest expands, and lean further into that exhale... letting go of anything that's felt heavy, hard, or frustrating, and letting yourself get back in the seat of soul. That place where you feel the minty cool exciting yet calm peace of mind.

And let this land where it matters most:
You are not trying to become someone worthy of the life you want.

You are the one life has been waiting for.

Now go live like you remember.

All the love,
— You

You're Born For This

Inner Reflections

- What did I feel reading my future self that I don't usually let myself feel?

- What version of me was described that I've secretly known I am?

- If I fully believed that future was inevitable, what would change in my life immediately?

- Where have I been playing small out of familiarity, not truth?

- What would I do this week if I trusted that version of me already exists in my timeline?

You're Born For This

A letter from your Future Self

Hey you,

I've been waiting for you to stop doubting the path and start trusting the pull.

Everything you're worried about right now? It all worked out... but not because you forced it. Because you finally listened.

You stopped negotiating your worth.
You stopped shrinking your desires.
You stopped calling it 'too much' when it was actually your truth speaking.

You became her.
And I need you to know.. she was never far away.
She was just waiting for you to choose her.

Keep glowing, lovebug.
You are way closer than you think.

You're Born For This

Inner Reflections

- Where am I still living like the version of me that I've already outgrown?
- What habits, beliefs, or patterns can no longer come with me?
- What am I pretending not to know about myself?
- If I stopped abandoning myself this week, what would I do differently?
- What is one decision my future self would already be making?

You're born for this

Activation:

I am no longer available for...
(what I am done unconsciously repeating, tolerating, or delaying)

I am choosing to embody...
(not what I want someday — what I am practicing becoming now)

The version of me I am becoming no longer...
(fill this with identity-level truth, not behavior tweaks)

- no longer shrinks to stay accepted
- no longer delays her life waiting to feel ready
- no longer confuses fear with truth
- no longer abandons herself to keep peace

You're Born For This

Activation:

What I will do differently starting now (not someday):
(be specific enough that it becomes behavioral truth)

- I will
- I will
- I will

The cost of staying the same is now greater than the fear of changing.

I acknowledge that I can no longer unsee what I now know about myself.
So I choose:

not performance
not delay
not self-abandonment

I choose alignment.
Even if it's uncomfortable.
Even if I don't feel fully ready.
Even if no one else understands it yet.

You're Born For This

Activation:

FINAL DECLARATION

I am not asking for permission to become her.

I am becoming her in real time.

And I am willing to let my life adjust accordingly.

Because I was not born to repeat cycles.

I was born to break them.

I was born for this.

You were born for this.